

# How to make a... Pressed Flower Bookmark

## You will need:

- Flowers/Herbs/Leaves
- A Flower press (or blotting paper and a big heavy book)
- Coloured Card
- Clear Sticky back Plastic
- Scissors

Remember, do not pick flowers from other people's property and take no more than one from every 20 in a patch!



**Step 1-** Choose some flowers and lay them flat in your flower press or between blotting paper inside a big book... then be patient it could take up to a week to fully press your flowers!

**Tip:** Flowers with a single layer of petals press better than larger thicker flowers



**Step 2-** Cut a bookmark shape out of a piece of coloured card and carefully lay your flowers onto it



**Step 3-** Cut a piece of sticky back plastic slightly larger, peel off the backing and stick it to the card, your flowers should then be stuck between two layers. Stick the edges of your sticky back plastic around the card to keep it secure.

**Step 4-** (optional) add some ribbon or a sticker to decorate. Then find a good book to read and enjoy!

