

International Year of the Nurse and Midwife Nursing: Past, Present and Future

Education Pack for Schools and Families



Introduction

The Florence Nightingale Museum has developed this educational resource for teachers, students and families in collaboration with Guy's and St Thomas' NHS Foundation Trust. We wish to thank the National Lottery Heritage Fund for their generous financial support.

In light of 2020 being declared the 'Year of the Nurse and Midwife' by the World Health Organisation, as well as Florence Nightingale celebrating her 200th birthday, we hope to inspire children to find out more about the nursing and midwifery professions, discover how nursing has changed between past and present as find out more about Florence Nightingale herself.

This resources pack is structured to appeal to KS2 learners and to meet a range of ages and abilities within the Key Stage. If you require any guidance on using this resource pack, please contact Melissa Chatton:

melissa@florence-nightingale.co.uk

If you'd like to learn more about Florence Nightingale, we hope that you'll visit the Florence Nightingale Museum or book a 'Meet Miss Nightingale' or 'Meet Mary Seacole' workshop that is held in the museum or can be held at your school. In the meantime, you can meet Florence via this video:

<https://florence-nightingale.co.uk/florence-nightingale-biography/>

Please visit this link for further details about our school sessions:

<https://florence-nightingale.co.uk/learning/>

You may also find our online exhibition, which celebrates Nightingale's bicentenary and legacy, a helpful resource. Please visit this link, <https://www.florence-nightingale.co.uk/200exhibits/> to visit 'Nightingale in 200 Objects, People and Places where you can even vote for the final 200th exhibit online!

The Lady with the Lamp



Meet Florence Nightingale. Colour in this picture of her carrying her lamp.



Can you discover the name of her Turkish lamp? Why was she called the 'Lady with the Lamp'?



Florence's Childhood and Family

In Victorian England, girls were not allowed to go to school. Florence and her sister Parthenope were educated at home.



A Victorian hobby was pressing flowers in a book. What do you like to do with your free time?



Try pressing flowers at home.

In Victorian England, wealthy people liked to collect things and travel around the world.



Together as a class, mark on a map any places you've visited within the UK or abroad.



What do you like to **collect**?

Florence and her Animals

Florence loved animals and cared for them as much as her patients. Do you have any pets? What is your favourite animal?

Did you know that Florence's most famous pet was an owl?!



What name did Florence give her pet owl?

What country did Florence find her in?



Walk or make **sounds** like an owl or your favourite animal.



Draw a picture or make a collage of your favourite animal or pet.



Athena the Owl says:

“Use your owl eyes to search for the words listed below”

U Y Q Z O E E S H I G U
K E N V R C L C T B R F
D N L I I N A U L D C H
N R Z U L E G T A N T D
I U L B J R N A E J I N
K O K O N O I R H A E U
Y J I S A L T I E U B O
P M A L C F H J S T H W
C R I M E A G B R P V B
B R A V E F I K U Y H B
D R A W M C N U N V K T
T A R C H O S P I T A L

Words can be forward, backward or diagonal.

Nightingale

Health

Wound

Scutari

Hospital

Ward

Brave

Journey

Rat

Lamp

Florence

Nurse

Kind

Crimea

Calling All Nurses!

Florence Nightingale's dear friend Sidney Herbert has written to her asking for her help. He needs Florence to come to the Crimea and work in the hospitals as a nurse but she can't do it alone!

Help Florence Nightingale design a poster to recruit nurses to join her at the Scutari Hospital in the Crimea.

Discuss

What is a poster and how can it be used? Look at examples of posters and advertisements for inspiration.

Consider

Think about what would attract nurses to help Florence and the kinds of nurses Florence would want to recruit...based on the fact a lot of nurses at the time were not up to her standards!

Ask

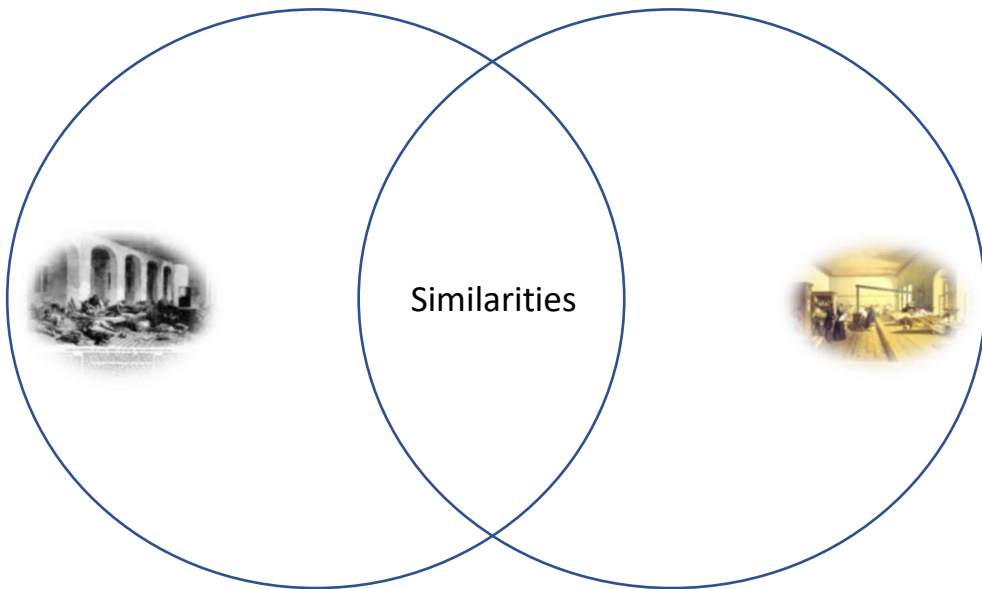
- Keep the poster simple
- Use large, clear, simple text
- Have a simple and clear message
- Think about the poster layout and design – it has to attract people and help Florence to recruit her nurses!

Improving Hospitals in Crimea

Here are two pictures...one is Scutari hospital *before* Florence arrived in the Crimea and the other is *after* she arrived. Which one is which?



Write the words from the box below into the circles to compare **differences** and find **similarities**.



Beds

Nurse

Dirt

Blankets

Windows

Broken pots

Fire

Clean

Medicine

Lamps

Injured

Doctors

Meet Mary Seacole

Mary was born in Kingston, Jamaica. Her father was a Scottish army officer and her mother was Jamaican and made medicines from plants. Mary was called a 'doctress' because she was able to cure common illnesses. She learned about medicine from her mother.



Find out more about the kinds of herbs Mary used and what kinds of illnesses she was treating. Work with your teacher to bring some in to school.



Smell the different spices you've brought in.

Some of the spices might be familiar to you. Can you name them?




Think about an inspiring woman in your life and **discuss** with a classmate why is she important to you?



Mary is remembered for her humanitarian work and her courage to challenge social, political and cultural values of the Victorian Age.

Write a Postcard

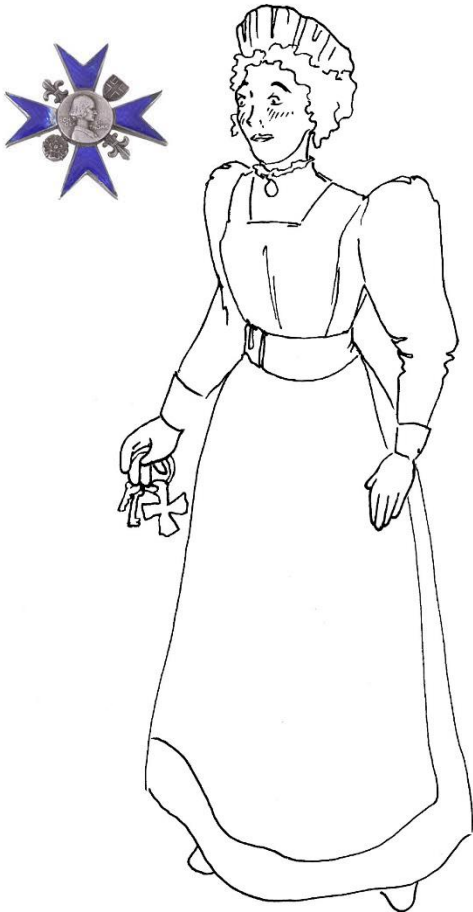
Being away at war was difficult and keeping connected to family became very important for both soldiers and nurses. Imagine you are a nurse working away from home – what experiences and stories would you tell your family?

	<div data-bbox="1110 782 1335 1020" style="border: 1px solid black; width: 157px; height: 123px; margin-bottom: 10px;"></div> <hr/> <hr/> <hr/> <hr/>
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Florence's Nursing School

Florence Nightingale returned to England from the Crimea in 1856. She worked hard to improve health care for people in England. Florence helped design St Thomas' Hospital and opened her own school of nursing in 1860 to train nurses.

Look at this nursing uniform worn by student nurses at the School of Nurses in 1896.



Compare the uniform from 1896 with the modern nurse's uniform below. Which one looks more comfortable or practical?

Name 3 things that are different.

1) _____

2) _____

3) _____



Colour in the two uniforms.

Hospitals—Then and Now



Look at the pictures of three different hospital wards. What can you see? How are they similar? How are they different?



Which is the oldest? Which is the newest? How can you tell?

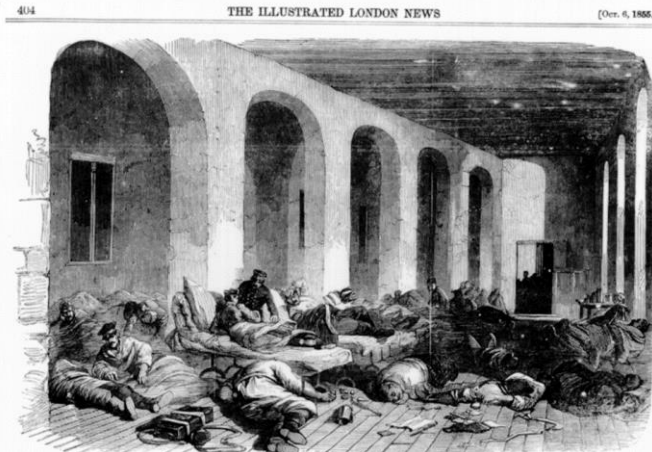


Match the dates to the hospitals in the boxes below:

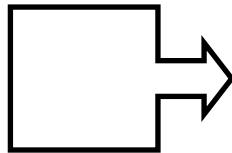
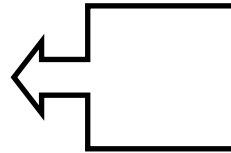
1907

2016

1970s



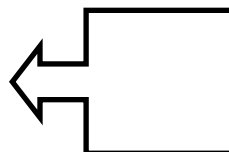
Scutari Hospital, Crimean War



Neo-natal Ward, Anglia Ruskin University



A Nightingale Ward, St Thomas' Hospital



Mrs. Kofoworola Pratt – A nursing pioneer

Mrs. Kofoworola Abeni Pratt was born in 1915 in Nigeria and was influenced by Florence Nightingale when it came to dedication and determination in nursing. She even studied at the Nightingale Training School at St Thomas' Hospital in London!

Find out 3 interesting facts about Mrs. Pratt that made her a nursing pioneer:

- 1.
- 2.
- 3.



What does it mean to be a pioneer?



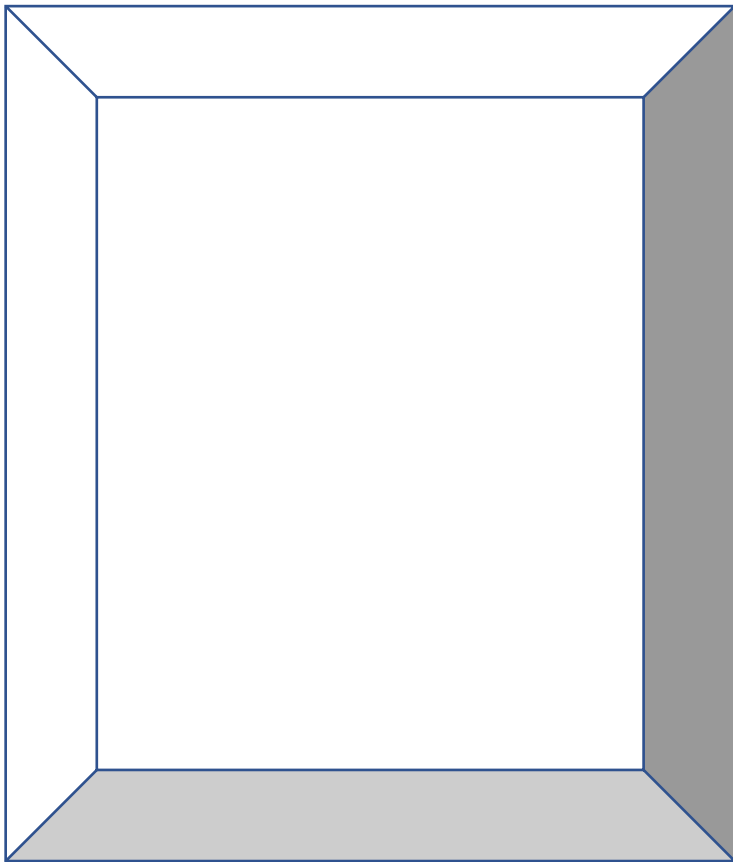
What would you like to pioneer in the future?



Work together as a class to think of something that you could positively change at your school and how you'd create that change.

Interview with a Hospital or Medical Worker

Hospitals and clinics employ many people. Find someone who has worked in a hospital, and learn more about them and the important work they do. Share your findings with your class.



Today I met:

They were born in
(place/date):

For work, they are a:

They chose this job because:

Their proudest achievement/accomplishment is:

Their greatest challenge is/was:

In their free time, they enjoy:
